

# Lung Health COPD

Thursday September 12<sup>th</sup>, 2019  
9:00am – 10:30am

## Program Overview

COPD (Chronic Obstructive Pulmonary Disease) is a long term disease that makes it hard to move air in and out of your lungs. Once you have COPD, you can't get rid of it. In fact, your COPD symptoms may get worse. But there are ways that you can manage your COPD and treat your symptoms.

## What does this program cover?

- What is COPD
- Treatments
- Medications
- Managing COPD

## How do I register?

Call us at 705-526-7804 ext. 203

