



**Position Title:** CBT Therapist

**Posting Date:** September 29<sup>th</sup>, 2017

**Number:** Multiple opportunities

**Employment Type:** Temporary Full Time for 18 months with potential for extension

**\*\*Please note:** consideration will be given to qualified candidates who are only available to work part-time

Waypoint's Outpatient Services, North Simcoe Family Health Team, Chigamik and Enaahchtig are currently seeking CBT Therapists. The purpose of these positions is to plan, conduct and deliver a program of individual and group Cognitive Behavioural Therapy for adults with depressive and anxiety disorders, and participate in a program evaluation in consultation with the CBT Psychologist.

Employees hired by Waypoint will fall under the OPSEU bargaining group and will have the following rates of pay:

**RN: \$36.95 – \$44.67**

**SW: \$36.26 - \$44.66**

**OT: \$40.20 - \$45.59**

**Registered Psychotherapist:** Under Review

All other positions will be non-union and compensation will commensurate with experience. Positions with Enaahchtig will provide services to the indigenous population and applicants are asked to highlight any experience with this population. Positions with Chigamik will provide services to the indigenous and/or francophone populations and applicants are asked to highlight any experience with these populations.

**Key Accountabilities:**

- Conduct assessments (PHQ-9, GAD-7) to inform individualized treatment plans
- Facilitate group Cognitive Behavioural Therapy (CBT) utilizing evidence-based approaches
- Provide individual evidence-based CBT treatment
- Participate in clinical supervision meetings with a consulting Psychologist
- Maintain accurate and timely documentation and reports
- Collaborate with team members in provision of care
- Contribute to program development and program evaluation

**\*\*It is anticipated that the incumbent will provide services to a minimum of 4 patients/clients per day**

**Requirements/Qualifications:**

- Registered in the province of Ontario as a member in good standing with the appropriate College and eligible to provide psychotherapy as either a Registered Nurse, Social Worker, Occupational Therapist OR Registered Psychotherapist
- Master's degree is preferred
- Minimum 3 years of experience in the delivery of evidence-based CBT is preferred; Documented evidence of CBT training with adequate supervision is preferred
- Demonstrated experience and knowledge of etiology and treatment of depressive and anxiety disorders as well as CBT and its application in mood and anxiety disorders
- Demonstrated experience and knowledge of the science and practices of psychotherapy including a full range of psychotherapeutic and assessment techniques
- Demonstrated experience and knowledge of diagnostic categories and criteria as listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM-V)
- Results oriented work ethic to work independently and undertake tasks needed to accomplish work objectives and deliver quality, consistent and timely results
- Strong assessment skills to deliver and interpret symptom and outcome measures
- Demonstrated analytical, interpersonal, time management and organizational skills
- Proven written and verbal communication skills
- Proven ability to adapt readily to change
- Models and promotes core ethical practice, organization's values, and reflects an optimistic and positive attitude
- Proficiency in French/English language skills is considered an asset

**How do I apply?**

Waypoint employees apply through the Employee Self-Service portal at <https://employees.waypointcentre.ca> and external applicants apply to [http://www.waypointcentre.ca/i\\_want\\_to\\_join\\_your\\_team](http://www.waypointcentre.ca/i_want_to_join_your_team) by quoting **Job ID WC17-163**.

**Please Note: this position will remain open until filled.** Attach your cover letter and resume detailing why you are interested in this opportunity and how you meet the qualifications and key accountabilities specified.

**We are committed to fostering an inclusive, accessible work environment, where all employees feel valued and respected. We offer accommodation for applicants with disabilities as part of our recruitment process. If you are contacted to arrange an interview or testing, please advise us if you require an accommodation. All applicants are thanked for their interest in this position, however, due to high volumes only those selected for an interview will be contacted.**